

Health and Wellbeing Board 2018-21: Appendix A

Table 1: What this will mean Doncaster Residents

| | All ages | Starting Well (Delivered by Children and Families Executive board) | Living Well | Ageing Well |
|-------------------------------|---|---|---|--|
| Wellbeing | Focus on improving quality of life and healthy life expectancy for all, focussing especially in the most deprived areas and living conditions (housing, air quality) in a person and family centred way | Children will have the best start in life, being healthy and resilient Promote the mental wellbeing of children and families especially for older children and young adults. | Promote good economic growth, including living wage and sustainable and healthy employment | Support healthy aging across Doncaster, recognising that preventative approaches that reduce loneliness and social isolation or promote self-care and independence are important at every life stage |
| Prevention | Increase levels of physical activity especially in the most inactive as an effective preventative action at any age | Children and families will have access to the right services at the earliest opportunity. Improve outcomes especially for early years and teenagers through healthy lifestyles and good educational experiences. | Take a whole system approach to reducing smoking, alcohol consumption and obesity as the key causes of preventable ill health and early death | Aim to prevent and delay the need for care whilst responding to the complexity of need that older people with long term conditions may have i.e. falls |
| Care (Delivered by ACP) | Continue to integrate and improve care systems, especially minimising the use of unplanned hospital care and delays in leaving hospital | Ensure acute care needs of children and young people especially injuries, asthma and self harm are dealt with appropriately. | Improve the prevention, early detection and treatment of cancer (the major cause of early death) liver disease, diabetes and heart disease. Give equal weight to mental wellbeing as a key determinant of physical health and independence | Ensure services and housing are suitable for the changing needs of the ageing population and those with special needs |
| Support (Delivered by ACP) | Understand the size and needs of our vulnerable and at risk groups especially carers | Support and safeguard the most vulnerable children, young people and families especially those most at risk. | Support those with serious mental health conditions and learning disabilities to play an active role in Doncaster | Improve the identification and support available to those with dementia and their carers. Support people and their families to die well and in a place of their choosing |

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Table 2: How we will know we have succeeded (the outcomes we want to deliver)

| | All ages | Starting Well (Delivered by Children and Families Executive board) | Living Well | Ageing Well |
|-------------------------------|---|--|---|--|
| Wellbeing | <ul style="list-style-type: none"> • Healthy Life Expectancy increases • People’s quality of life is good • There are more homes built and fewer people are homeless or in unsuitable accommodation | <ul style="list-style-type: none"> • More children and young people are healthy, have a sense of wellbeing and are resilient • More children have the best start in life | <ul style="list-style-type: none"> • More people are in Sustained work | <ul style="list-style-type: none"> • More people remain healthy and independent for longer with fewer people socially isolated |
| Prevention | <ul style="list-style-type: none"> • More people will be physically active • Fewer people will die early from causes considered preventable | <ul style="list-style-type: none"> • More children and young people’s development is underpinned through a healthy lifestyle • More children have access to the right services at the earliest opportunity | <ul style="list-style-type: none"> • More people make healthy lifestyle choices relating to; <ul style="list-style-type: none"> • smoking • alcohol consumption • healthy weight • Diabetes | <ul style="list-style-type: none"> • Fewer older people will have serious falls that require them to go to hospital • More people over 65 will access a flu vaccine |
| Care (Delivered by ACP) | <ul style="list-style-type: none"> • Fewer people require health and social care services and vulnerable people are safe • People are satisfied with their care • Fewer people are delayed from leaving hospital | <ul style="list-style-type: none"> • More children and young people are healthy, have a sense of wellbeing and are resilient | <ul style="list-style-type: none"> • Fewer people die from Cancer, liver disease, diabetes and heart disease. | <ul style="list-style-type: none"> • Fewer older people require health and social care services and vulnerable people are safe |
| Support (Delivered by ACP) | <ul style="list-style-type: none"> • Carers have as much social contact as they would like • Suitable Advice and Support is provided to Carers • Families who need support can access it | <ul style="list-style-type: none"> • No child suffers significant harm as a result of neglect | <ul style="list-style-type: none"> • People with Learning disabilities and people who access Mental health services live in stable accommodation | <ul style="list-style-type: none"> • More people are diagnosed with dementia • More people in end of life care are supported along with their families to die in a place of their choosing |